

Scrub Cap Pattern Instructions

These scrub caps are being made at the request of the covid-19 response team at Whangarei Base Hospital. The staff are very grateful for your support.

- When you print the pattern pieces ensure the 1" squares are true to size – check computer and printer settings
- Tape pieces A and B together, and pieces C and D together, along the dotted lines.
- Trace joined pieces onto tracing vilene to preserve your pattern

- Please use only good quality cotton to make these scrub caps
- The cap back requires 14" of fabric – 4 can be cut from WOF, sufficient for 2 caps
- The cap ties/brim requires 16" of fabric – 1 can be cut from WOF, sufficient for 1 cap
- Mix and match fabrics for ties/brim and back as desired.
- 4" of ½" or ¼" elastic is required for each cap

The below instructions should be used in conjunction with the video on the Bernina Northland YouTube channel

- Stitch the straight edge of the cap right sides together. Turn and press seam. With wrong sides together stitch a casing ¾" or ½" in from seam. Stitch elastic into casing. Stitch cap back circumference. Set cap back aside
- With right sides together stitch shaped side of ties/brim. Clip curves, turn and press. Stitch across ties.
- Matching centres of both pieces, position cap back raw edges down from folded edge of ties/brim. Pin in place from centres to casing edges before stitching. Fold ties/brim edge over raw edges of cap back and stitch in place. Press well

- Please contact us on 09 4387654 or info@berninanorthland.co.nz to arrange for donation pick up for the Whangarei Base Hospital.